

HAYA ZE BASADEH (Once, in the Field)
(Israel)

This gay couple dance was choreographed by Rivka Sturman as a light, cheerful dance for all age levels.

MUSIC: Record: New Favourites, Israeli Folk Dances Hed Arzi, MN 581

FORMATION: Circle of cpls facing LOD. M on inside. Hands joined at shoulder height.

<u>Cts</u>	<u>Pattern</u>
	Introduction: 2 meas. 4/4 meter
1-4	4 light walking steps in LOD.
5-8	1/2 turn twd ptr to face CW, and move slightly bwd in LOD with 4 walking steps. (Turn face to face and rejoin inside hands).
9-12	Repeat action of cts 1-4 moving CW (RLOD). Finish facing ptr, both hands joined, M back to ctr.
13-16	Move into ctr of circle (W fwd, M bkwd) with 4 walking steps.
17-20	Move out of circle (W bkwd, M fwd) with 4 steps. On ct 20 clap own hands and W turn to face LOD.
21-24	W moves fwd with 4 running steps (or skips) to new ptr. M marks time in place with 4 steps while waiting for new ptr.

Note: Walking, running or skipping steps may be used throughout this dance.

Presented by Rivka Sturman